

Using Latent State-Trait Theory to Analyze Intensive Longitudinal Data

By Sebastian Castro-Alvarez, dr. Jorge Tendeiro, prof. dr. Rob Meijer, dr. Laura F. Bringmann,



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States and Traits

States

Traits





States and Traits States

Variability

Within

Traits





States and Traits Situational Anxiety Variability Mood Within **Traits**



















Latent State-Trait Theory (LST)





Longitudinal SEM Latent State-Trait Theory (LST) Measurement **Error**





















Total Variance of Y_{ij}











Total Variance







Latent State-Trait Theory Total Variance of Y_{ii} Consistency Occasion **Specificity**





Intensive Longitudinal Data



Intensive Longitudinal Data

Context Matters!





Intensive Longitudinal Data



Day

Context Matters!

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university of groningen







Can We Study States and Traits with Intensive Longitudinal Data?





Are We Studying States and Traits with Intensive Longitudinal Data?





Multilevel Analysis

Dynamic SEM

Multilevel -(Vector) Autoregressive

Time Series Analyses

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LST?









Multistate-singletrait (MSST)

States and Traits



States and Traits

Common-Unique Trait-StateMethod(CUTS)Factors



States and Traits

Autoregressive Effect Trait-State-Occasion (TSO)





Multistate-singletrait (MSST)

Common-Unique Trait-State (CUTS)

Trait-State-Occasion (TSO)





Multistate-singletrait (MSST)

Multilevel SEM

Common-Unique Trait-State (CUTS)

Trait-State-Occasion (TSO)



















Common-Unique Trait-State (CUTS)





Common-Unique Trait-State (CUTS)





Trait-State-Occasion (TSO)





Trait-State-Occasion (TSO)



Between Model





When is the multilevel version preferable over the single level version?





When is the multilevel version preferable over the single level version?

Are these models suitable to analyze intensive longitudinal data?





Base Model











Simulation Study Number of Base Model Measurements MSST 30 **CUTS** 60 **TSO** 90





Simulation Study Number of Proportion of Base Model Missing Values Measurements 30 **MSST** 0% **CUTS** 60 10% **TSO** 90



Base Model

Missing Values



Χ		MLE	BAYES
Number of Measurements	MSST	\checkmark	\checkmark
	ML-MSST	\checkmark	\checkmark
	CUTS	\checkmark	\checkmark
	ML-CUTS	\checkmark	\checkmark
X	TSO	\checkmark	\checkmark
	ML-TSO	×	\checkmark
Proportion of			





Base Model



Χ		MLE	BAYES	
	MSST	\checkmark	\checkmark	-
Number of	ML-MSST	\checkmark	\checkmark	
Measurements	CUTS	\checkmark	\checkmark	
Χ	ML-CUTS	\checkmark	\checkmark	
	TSO	\checkmark	\checkmark	
	ML-TSO	×	\checkmark	V
Proportion of Missing Values				×100

















Timeout

Improper Solutions















BIAS

Abbias

RMSE



Accuracy







Accuracy









Accuracy







Accuracy







Conclusions

If model converges, Multilevel LST = Singlelevel LST.





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Single-level LST is time consuming and can fail when the number of measurements increases.





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Single-level LST is time consuming and can fail when the number of measurements increases.

The TSO seems robust and should be used to study states and traits in intensive longitudinal data.



Conceptual Conclusions

ML-(V)AR with measurement error (Schuurman & Hamaker, 2018) ≈ TSO model with one indicator.



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ML-(V)AR with measurement error (Schuurman & Hamaker, 2018) ≈ TSO model with one indicator.

These models can be easily extended within the DSEM framework.





Thank you